

# 2010-2011 School Year Schedule August 16 thru May 28, 2011

Classes Offered — 1 Day Per Week, 1 Full Hour Per Day

(Registration is accepted any time and tuition will be pro-rated accordingly)

## **PRE-SCHOOL GYMNASTICS – Boys & Girls**

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**Vault • Bars • Beam • Floor**

**Specialized equipment to fit their size and needs**

### **PARENT and TOT – Ages 14 Months to 3**

Tuesday ..... 6:30 PM

Wednesday .... 10:00 AM

Thursday ..... 10:00 AM

Saturday ..... 9:15 AM

### **LITTLE JUNIORS – Ages 3 and 4\* (must be potty trained)**

Monday ..... 4:15, 5:15, 6:15 PM

Tuesday ..... 12:15, 1:15, 4:30, 5:30, 6:30 PM

Wednesday .... 10:00 AM, 12:45 PM

Thursday ..... 5:00, 6:00 PM

Friday ..... 9:30, 11:30 AM

Saturday ..... 9:15, 10:15 AM

### **KINDER JUNIORS – Ages 4\* thru Kindergarten**

Monday ..... 5:15, 6:15 PM

Tuesday ..... 12:15, 4:30, 5:30 PM

Wednesday .... 12:45 PM

Thursday ..... 7:00 PM

Friday ..... 10:30, 11:30 AM

Saturday ..... 10:15 AM

\*4 Year olds are age appropriate for either Little or Kinder Juniors.

### **ADVANCED JUNIORS – Ages 3 thru Kindergarten**

Monday ..... 4:15, 6:15 PM

Tuesday ..... 12:15, 1:15, 4:30, 5:30, 6:30 PM

Wednesday .... 12:45 PM

Thursday ..... 5:00, 6:00, 7:00 PM

Friday ..... 9:30, 11:30 AM

Saturday ..... 9:15, 10:15 AM

### **ELITE JUNIOR – Ages 3 thru Kindergarten**

Monday ..... 5:15 PM

Tuesday ..... 1:15, 6:30 PM

Wednesday .... 12:45 PM

Thursday ..... 4:00, 6:00 PM

## **BOYS GYMNASTICS & STRENGTH CONDITIONING**

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### **1ST Grade & Older**

**Strength Conditioning • Vault • Rings**

**Floor • Parallel Bars • High Bar**

#### **BEGINNER**

Tuesday ..... 7:15 PM

Wednesday .... 4:00, 7:00 PM

Thursday ..... 7:15 PM

Friday ..... 10:30 AM

#### **BEGINNER (by approval) / INTERMEDIATE / ADVANCED INTERMEDIATE**

Thursday ..... 5:00 PM

Friday ..... 10:30 AM

## **GIRLS GYMNASTICS**

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### **1ST Grade & Older**

**Vault • Bars • Beam • Floor**

#### **BEGINNER**

Monday ..... 4:15, 6:15, 7:00, 7:15 PM

Tuesday ..... 4:15, 4:30, 5:15, 5:30, 6:15, 7:30 PM

Wednesday .... 4:00, 5:00, 6:00 PM

Thursday ..... 4:00, 5:00, 6:00, 7:00 PM

Friday ..... 10:30 AM

Saturday ..... 9:30, 10:30 AM

#### **INTERMEDIATE**

Monday ..... 7:00, 7:15 PM

Tuesday ..... 4:15, 5:15, 6:15, 7:30 PM

Wednesday .... 4:00, 5:00, 6:00 PM

Thursday ..... 4:00, 6:15 PM

Saturday ..... 9:30, 10:30 AM

#### **ADVANCED INTERMEDIATE**

Monday ..... 7:15 PM

Tuesday ..... 4:15, 6:15, 7:30 PM

Wednesday .... 5:00, 7:00 PM

Thursday ..... 4:00, 7:00 PM

Friday ..... 9:30 AM

Saturday ..... 9:30 AM

### **EX-TREME TEAM – Ex Level 4 thru Optional**

**Competitive Gymnast**

Monday ..... 8:00 to 9:25 PM

(1 Hour and 25 minute class)

Extra 25 mins. of class time!

## **TRAMP & TUMBLE – Boys & Girls**

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**Trampoline • Power Tumbling • Tumble Tramp**

**Mini Tramp • Tumbling Pits**

#### **BEGINNER – 1ST Grade & Older**

Tuesday ..... 5:15, 7:15 PM

Thursday ..... 6:15 PM

#### **INTERMEDIATE – 1ST Grade & Older**

Tuesday ..... 6:15 PM

Thursday ..... 7:15 PM

#### **ADVANCED INTERMEDIATE/ADVANCED – 1ST Grade & Older**

Monday ..... 8:00 PM



[www.barrongymnastics.com](http://www.barrongymnastics.com)

314-892-6909

## **BACK HANDSPRING AND TUMBLE – Boys & Girls**

**1ST Grade & Older**

**Back Handspring Training • Power Tumbling**

### **BEGINNER**

Monday ..... 5:15, 7:15 PM

Tuesday ..... 4:15 PM

Wednesday .... 5:45 PM

Saturday ..... 9:30 AM

### **INTERMEDIATE**

Monday ..... 7:00 PM

Tuesday ..... 5:15, 7:15 PM



## **MOTION EVOLUTION – Boys & Girls Powered by B-FIT FITNESS**

**1ST Grade & Older**

**Cardiovascular Conditioning • Strength • Flexibility**

**Team Building • Sports Readiness • Nutrition**

**Discounted Tuition**

Monday ..... 4:00 PM

Tuesday ..... 12:15 PM

Wednesday .... 6:00 PM

Thursday ..... 11:00 AM

Friday ..... 9:30 AM

(Our schedule may vary. Please check out our website or call the office for the current schedule.)

## **CHEER SQUAD TUMBLING – Boys & Girls**

**Middle School & Older**

**Back Handspring Training • Power Tumbling**

Tuesday ..... 8:15 PM

Thursday ..... 8:15 PM

## **HOME SCHOOL PROGRAM – Boys & Girls**

**Kindergarten and Older**

**Gymnastics • Fitness**

**Discounted Tuition**

Tuesday, Wednesday, Thursday and Friday daytime classes prior to 4:00 PM. See schedule for days, times and levels.

## **FREE STYLE TRICKING – Boys & Girls**

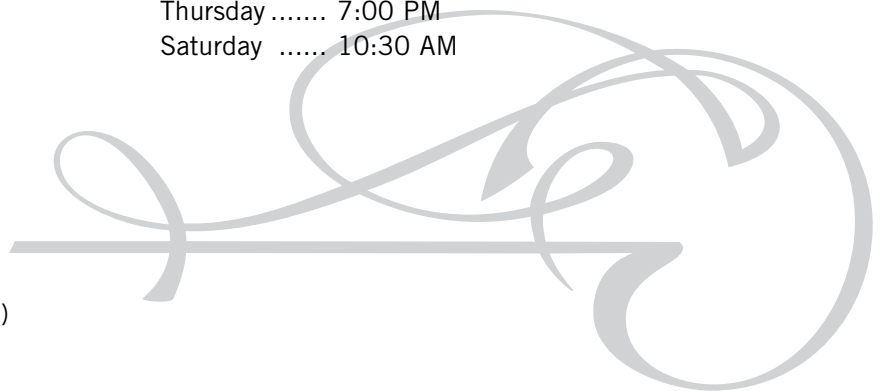


**Ages 8 Years & Older**

**Twist, Kicks, Tumbling and Tricks Combining Martial Arts and Gymnastics**

Thursday ..... 7:00 PM

Saturday ..... 10:30 AM



## **GENERAL INFORMATION**

### **GYMNASTICS, TRAMPOLINE, TUMBLING, CHEERLEADING, CHILDREN FITNESS PROGRAM, FREE STYLE TRICKING**

**TUITION:** \$66.00 – **Per month with our convenient Auto Payment Plan**

**MOTION EVOLUTION** \$39.00 – **Per month with our convenient Auto Payment Plan**

**FITNESS TUITION:** Great low price on our fantastic fitness program. No other discounts apply.

**HOME SCHOOL** \$53.00 – **Per month with our convenient Auto Payment Plan** – \$13.00 SAVINGS

**TUITION:** Pre-School siblings of our Home School Students receive the family discount. Referral Program – Home School Students Receive a \$10.00 Tuition Gift Certificate by referring a friend to Home School classes. No other discounts apply.

**MULTI CLASS** \$53.00 – Per month – \$13.00 SAVINGS

**DISCOUNT:** Take an additional class and receive the above SAVINGS on each additional class.

**FAMILY** \$53.00 – Per month – \$13.00 SAVINGS

**DISCOUNT:** Only ONE student in your family pays full price. All other students from your family receive the above GREAT SAVINGS.

**ENROLLMENT** \$35.00 — Individual or \$50.00 — Family

**FEE:** *All students are required to pay a one time a year enrollment fee at the time of enrollment.*

**BARRON** Take advantage of our convenient gift shop during your child's class or anytime during business hours.  
**GIFT SHOP:** We carry the latest gymnastic and cheer items, as well as general merchandise and unique gifts.