

# ACHIEVEMENT LEAGUE

*Believe It, Achieve It!*

*Barron\**

**Sunday, January 22, 2023**

**SESSION 1 - Xcel Bronze – All American, Barron, Olympia Manchester  
Skymax Blue Team**

Open Stretch . . . . . 8:00 – 8:15 AM

Warm up, Competition, Awards . . . 8:15 - 10:10 AM

**SESSION 2 – Xcel Bronze – Gateway Elite, GT Performance, Olympia Ellisville, Pride,  
Skymax Yellow Team**

Open Stretch . . . . . 10:30 – 10:45 AM

Warm up, Competition, Awards . . . 10:45 AM – 12:40 PM

**SESSION 3 - Level 1, 2, 3 – All Teams**

Open Stretch . . . . . 1:00 – 1:15 PM

Warm up, Competition, Awards . . . 1:15 – 3:35 PM

**SESSION 4 - Xcel Silver and Gold – All Teams**

Open Stretch . . . . . 3:55 – 4:10 PM

Warm up, Competition, Awards . . . 4:10 – 7:15 PM

## COMPETITION PROCEDURES

- DOORS OPEN 10 MINUTES PRIOR TO YOUR SESSION START TIME, PLEASE DO NOT ARRIVE ANY EARLIER. IF YOU ARRIVE EARLIER WAIT IN YOUR CAR UNTIL THE PREVIOUS SESSION IS RELEASED.
- **Parking – Additional parking in the other businesses in our cul de sac.**
- **GATE FEE \$5 – Cash Only**
- **Awards:** Gymnast are not ranked but receive a colored ribbon for each event based on score. This keeps the focus on individual accomplishments and confidence building.  
*Red, White, Blue Ribbon* - 10.00-9.2 *Blue Ribbon* 9.15-8.65 *Red Ribbon* 8.6-7.85 *White Ribbon* 7.8-0
- **SPECTATOR SEATING**  
Spectator seating is available on our mezzanine and inside the gym in designated areas.
- **REFUND POLICY**  
Refunds will be given if a gymnast drops prior to the schedule being sent out. After the schedule has been sent full refunds with doctor's note.