SATURDAY, MARCH 8th

SESSION 1 - Xcel Silver

Open Stretch 2:15 - 2:30 PM Warm up, Competition, Awards . . . 2:30 - 5:35 PM

SESSION 2 - Xcel Gold and Platinum

Open Stretch 6:00 - 6:15 PM Warm up, Competition, Awards . . . 6:15 - 8:35 PM

SUNDAY, MARCH 9th

SESSION 3 - Xcel Bronze – 8 and Under

Open Stretch 8:30 - 8:45 AM Warm up, Competition, Awards . . . 8:45 - 11:00 AM

SESSION 4 - Xcel Bronze - 9 and Over

SESSION 5 - Level 2 & 3

COMPETITION PROCEDURES

- Doors open 15 minutes prior to your scheduled start time. Please do not arrive earlier.
- **Parking** Additional parking in the other businesses in our cul de sac.
- Gate Fee \$5
- Awards: Gymnasts are divided into age groups and are ranked for Vault, Bars, Beam, Floor and All Around. We award 50% or more. Medals for events. Medals and Trophies for All Around awards. 100% awarded for All Around.
- **Team Awards:** We award 50% or more for team awards. Top 3 scores per event for team score. Team Awards for Xcel Bronze will be awarded after Session 4.